

SILVERADO PARK SENIOR CENTER
1545 WEST 31 ST STREET, LONG BEACH

HOURS OF OPERATION:

MONDAY-FRIDAY: 9 AM-2 PM

PHONE: (562) 570-1675 FAX: (562) 570-8532

SPECIAL EVENTS:

NAIL SALON DAY:

TIME: 10AM-NOON

DATE: 02/01/18

FLORAL CLASS:

TIME: 10AM-12NOON

DATE: 02/15/18

COST: \$10.00

VALENTINE'S PARTY:

TIME: 1PM-4PM

DATE: 02/14/18

SENIOR DANCE:

TIME: 11PM-1PM

DATE: 02/16/18

BIRTHDAY CELEBRATIONS
2nd WEDNESDAY OF EACH MONTH!!

DAILY ACTIVITIES:

DANCE AEROBICS

M-W: 10AM-11AM

AEROBICS

T-TH-F: 10AM-11AM

CROCHET CLUB

TUESDAYS: 10AM-1PM

RECREATION DAY

FRIDAY 10AM-1PM

Staff at Silverado Park Senior Center is committed to maintaining a safe and productive environment for people 50 years of age and over participating in Senior Programming. Activity dates and times are subject to change.

CITY OF LONG BEACH PARKS, RECREATION & MARINE
COMMUNITY RECREATION SERVICES

FEBRUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 YOGA GOLD 10AM-11AM NAIL SALON 11AM-NOON	2 SENIOR RECREATION DAY 10AM-1PM
5 DANCE AEROBICS 10AM-11AM CRAFT 11AM-1PM	6 AEROBICS 10AM-11AM CROCHET 10AM-1PM BINGO 11:30-1:30PM	7 DANCE AEROBICS 10AM-11AM MEMORIAL CARE 10AM-12NOON	8 YOGA GOLD 10AM-11AM BINGO 11:30 AM 1:30PM	9 SENIOR RECREATION DAY 10AM-1PM
12 DANCE AEROBICS 10AM-11AM CRAFT 11AM-1PM	13 AEROBICS 10AM-11AM CROCHET 10AM-1PM BINGO 11:30-1:30PM	14 DANCE AEROBICS 10AM-11AM VALENTINE'S CELEBRATION 11AM-1PM	15 FLORAL CLASS 10AM-12NOON \$10.00	16 SENIOR DANCE 12NOON- 3PM
19 Facility Closed!!	20 AEROBICS 10AM-11AM CROCHET 10AM-1PM BINGO 11:30-1:30PM	21 DANCE AEROBICS 10AM-11AM LET'S GO METRO 11-1PM	22 YOGA GOLD 10AM-11AM BINGO 11AM-1PM	23 SENIOR RECREATION DAY 10AM-1PM
26 DANCE AEROBICS 10AM-11AM CRAFT 11AM-1PM	27 AEROBICS 10AM-11AM CROCHET 10AM-1PM BINGO	28 DANCE AEROBICS 10AM-11AM HEARING SCREENING		

